

# PROGRAMS

## CSU GE-B REQUIREMENTS

### AREA E – LIFELONG LEARNING – 3 semester/4 quarter units minimum

Choose a course or courses from the following to total at least three (3) semester units. Courses can satisfy only one GE Area. A verified DD214 can also satisfy this requirement.

Code	Class	Units
BIO 025	Environmental Biology (3.0 Lecture)	3.0
CHD 002	Child, Family, and Community (3.0 Lecture)	3.0
CHD 013	Teaching in a Diverse Society (3.0 Lecture)	3.0
CHD 017	Child Health and Safety (3.0 Lecture)	3.0
COM 004	Small Group Communication (3.0 Lecture)	3.0
COM 008	Interpersonal Communication (3.0 Lecture)	3.0
COM 012	Introduction to Intercultural Communication (3.0 Lecture)	3.0
COU 005	Strategies For Success (3.0 Lecture)	3.0
COU 012	Careers and Life Styles (3.0 Lecture)	3.0
COU 017	Transfer Success and Life Transitions (3.0 Lecture)	3.0
COU 055	Valuing Diversity (3.0 Lecture)	3.0
HOC 006	Personal Health and Life Style (3.0 Lecture)	3.0
HOC 008	Community Health Problems (3.0 Lecture)	3.0
KIN 078	Introduction to Kinesiology (3.0 Lecture)	3.0
KIN 079	Lifetime Fitness (3.0 Lecture)	3.0
LIB 010	Information Competency (1.0 Lecture)	1.0
LIB 010H	Information Competency - Honors (1.0 Lecture)	1.0
NTR 015	Human Nutrition (3.0 Lecture)	3.0
PSY 012	Human Growth and Development (3.0 Lecture)	3.0
PSY 025	Introduction to Abnormal Psychology (3.0 Lecture)	3.0
PSY 045	Introduction to Human Sexuality (3.0 Lecture)	3.0
SOC 045	Introduction to Human Sexuality (3.0 Lecture)	3.0

#### PHYSICAL EDUCATION NOTES:

1. One (1) unit of physical education courses (KIN/WHP/PE) can be applied toward Area E. See [www.assist.org](http://www.assist.org) for complete listing of approved courses.
2. SJSU and CSUEB require physical education/performing arts units for graduation. Visit the individual campus website for further information.

**The following courses can be applied to this area on or after the indicated effective date:**

Effective Fall 2011:	CHD 002
Effective Fall 2015:	CHD 013, CHD 017, COU 055

### CSU GE-B SUMMARY • AREA A • AREA B • AREA C • AREA D • AREA E • btn\*AREA F (Effective Fall 2021)

\*Mission College will not be offering courses in Area F during the 2021-2022 academic year. Students should consult with a counselor to discuss this requirement or seek options at other institutions.

Classes may not be offered every semester. [Search for current classes here.](#)