

PROGRAMS

AA/AS GRADUATION REQUIREMENTS

AREA E – LIFELONG LEARNING – 3 semester/4 quarter units minimum

Select three (3) additional units from Area A2, B, C or D

OR

three (3) units from the following:

Code	Class	Units
BIO 025	Environmental Biology (3.0 Lecture)	3.0
BUS 061	Business and Society (3.0 Lecture)	3.0
CHD 002	Child, Family, and Community (3.0 Lecture)	3.0
CHD 013	Teaching in a Diverse Society (3.0 Lecture)	3.0
CHD 017	Child Health and Safety (3.0 Lecture)	3.0
COM 004	Small Group Communication (3.0 Lecture)	3.0
COM 008	Interpersonal Communication (3.0 Lecture)	3.0
COM 012	Introduction to Intercultural Communication (3.0 Lecture)	3.0
COU 005	Strategies For Success (3.0 Lecture)	3.0
COU 012	Careers and Life Styles (3.0 Lecture)	3.0
COU 012A	Careers & Life Styles (1.0 Lecture)	1.0
COU 017	Transfer Success and Life Transitions (3.0 Lecture)	3.0
COU 023	Becoming a Master Student-Athlete (2.0 Lecture)	2.0
COU 055	Valuing Diversity (3.0 Lecture)	3.0
HOC 006	Personal Health and Life Style (3.0 Lecture)	3.0
HOC 008	Community Health Problems (3.0 Lecture)	3.0
KIN 078	Introduction to Kinesiology (3.0 Lecture)	3.0
KIN 079	Lifetime Fitness (3.0 Lecture)	3.0
LIB 010	Information Competency (1.0 Lecture)	1.0
LIB 010H	Information Competency - Honors (1.0 Lecture)	1.0
NTR 015	Human Nutrition (3.0 Lecture)	3.0
NTR 040	Nutrition and Disease (3.0 Lecture)	3.0
PSY 012	Human Growth and Development (3.0 Lecture)	3.0
PSY 025	Introduction to Abnormal Psychology (3.0 Lecture)	3.0
PSY 030	Psychology of Addiction and Substance Abuse (3.0 Lecture)	3.0
PSY 045	Introduction to Human Sexuality (3.0 Lecture)	3.0
SOC 002	Social Problems (3.0 Lecture)	3.0
SOC 002H	Social Problems - Honors (3.0 Lecture)	3.0
SOC 021	Introduction to Race and Ethnicity (3.0 Lecture)	3.0
SOC 040	Introduction to Marriage and Family (3.0 Lecture)	3.0
SOC 045	Introduction to Human Sexuality (3.0 Lecture)	3.0

Note: All kinesiology (KIN) activity courses are accepted in Area E. However only one (1) unit from KIN courses will count for General Education.

GRADUATION REQUIREMENTS

[AREA A](#) • [AREA B](#) • [AREA C](#) • [AREA D](#) • [AREA E](#) • [AREA F](#)

Classes may not be offered every semester. [Search for current classes here.](#)